

## Determinants of the Sensory Quality of *Pólgęsek* in Relation to Volatile Compounds and Chemical Composition

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The objective of this study was to determine the sensory quality of a specific Polish traditional product made from cured and then smoked goose meat (*pólgęsek*) in relation to its volatile compounds and chemical composition. In general, the examined samples contained 66.2% water, 12.2% fat, 17.9% protein, 1.8% connective tissue, and 2.3% NaCl. Moreover, 47 volatile compounds were identified and quantified. The typical decomposition products derived from lipid oxidation, amino acid degradation, carbohydrate fermentation and microbial esterification were the main volatiles detected in all the samples. The volatiles generated by the smoking process and the ones originating from spices were also observed. The results of the sensory evaluation indicated that all the samples of the analyzed products were characterized by a high overall quality. Results of the Principal Component Analysis (PCA) showed, however, that specific groups of products have their own unique sensory profile. Additionally, the sensory analysis confirmed the significant role of the chemical composition and volatile compounds in the development of the overall quality of *pólgęsek*.

### INTRODUCTION

In recent years consumers, producers and regional authorities have shown a growing interest in high quality food produced with traditional methods. After the period of fascination for convenience and fast food, more and more consumers started to buy traditional products as they associate them with unique taste, aroma and appearance, generally linking these features with high quality. Because of factors such as industrialization of food production, introduction of European food safety regulations and development of innovative products, the characterization of the typical sensory traits of the traditional products becomes essential [Cayot, 2007]. For some consumers traditional food is mostly linked to sensory properties, while for others the most frequent association is homemade [Guerrero *et al.*, 2010]. According to literature, Polish consumers are less inclined, than other Europeans, to accept innovation in traditional food products. It is true especially in relation to the intrinsic product attributes and in particular to the sensory quality. It is generally acknowledged that the expression ‘traditional food’ refers to products made from specific raw materials, and specific recipe known for a long time, and/or with a specific process [Żakowska- Biemans *et al.*, 2016]. Nowadays such food is very popular in Poland; 1572 products are registered in the national List of Traditional Products, among which meat products represent the share

of approximately 23%. The sensory quality of meat products is created mainly by flavor and odor compounds. Volatile compounds in raw meat products made from smoked raw meat originate mainly from the components of smoke, but also from lipolytic transformations, proteolysis, and transformations of hydrocarbons. Moreover, the aroma of the final product can also be created by various spices added during the production process [Marušić *et al.*, 2011; Muriel *et al.*, 2004]

One of the specific traditional products, registered in the above-mentioned national List of Traditional Products, is *pólgęsek* made from goose meat. *Pólgęsek* was known as a delicacy consumed willingly in one of the Polish region called Pomerania. Throughout the summer, young geese were fattened on pasture grass and in autumn only on carrots and oats. The geese were slaughtered in the late autumn, and *pólgęsek* produced from this meat was consumed from Christmas until the end of the carnival [Kluk, 1813]. Until today, *pólgęsek* is produced from goose breast fillet with skin and cured in salt and spices for about 2 weeks. Finally goose breasts are smoked for about 2–4 days at a low temperature. Alder, cherry or juniper wood is used for that process. Polish, German, English and French consumers appreciate the exceptional quality of *pólgęsek*. Due to the fact that there are few studies characterizing the quality and nutritional value of this traditional product, the aim of this study was to determine the sensory quality of goose meat products in relation to their volatile compounds and chemical composition.

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## MATERIALS AND METHODS

### Samples

The study was carried out on 21 samples of *pólgések* made from meat of White Koluda goose. The products were obtained from three different producers (21 samples from 3 producers in 2 batches). The goose breast fillet with skin was used in the study. The samples were seasoned with the mixture of salt, nitrates and spices (400 g per kg) and kept at 4°C and relative humidity of 75–80% for 1–2 weeks. Afterwards, cold meat was washed with cold water to remove the excessive salt, then dried, and formed in rolls. All the dry-cured samples obtained from the meat of White Koluda goose underwent a cold smoking process (16–22°C) for 2–7 days. Once the smoking process was finished, cold meat was vacuum packed in order to avoid an excessive dehydration of the product before the evaluation.

The sensory analysis was conducted immediately after opening the packages. For the analysis of volatile compounds' profile, the remaining pieces of cold meat were cut in cubes of 20–30 g, packed in closed Ziploc bags and frozen at -80°C. Cold meat was stored for up to one month.

### Sensory analysis

The sensory Quantitative Descriptive Analysis (QDA), with an unstructured, linear graphical scale; a 100 mm converted to numerical values (0–10 conventional units [c.u.]), was used for the sensory assessment [ISO 13299.2:2016]. The sensory quality was characterized on the basis of 20 sensory traits: 6 odor attributes (smoked meat aroma, fatty aroma, spicy aroma, sour aroma, sweet aroma, other aroma), 3 appearance attributes (homogeneity of meat tissue color, fat thickness, color of fat cover), 3 texture attributes (juiciness, tenderness, fibrosity), 7 attributes of flavor (smoked meat flavor, fatty flavor, spicy flavor, sour flavor, sweet flavor, salty taste, other flavor), and the overall quality.

The preparation of the samples for the sensory evaluation consisted of taking the *pólgések* out of packages right before the analysis, and slicing cold meat in equal pieces, each 0.5 cm thick. Single slices were put into odorless, plastic, disposable containers closed with lids. The evaluation was carried out by a panel trained in the scope of the applied evaluation, the panel members have a long-term experience in conducting sensory evaluations according to the ISO 8586–2:1996 standard. Individual results were collected after each evaluation.

## PHYSICO-CHEMICAL PARAMETERS

### Acidity

pH measurements of meat samples were performed using a 330i type WTW pH meter (Weiheim, Germany) and were conducted in triplicate.

### Chemical composition

The content of water, protein, fat and ash was measured using the near-infrared spectrophotometer NIRFlex N-500 (Büchi, Flawil, Switzerland). The measurement was performed using NIRFlex Solids module of the spectral range

of 12,500–400 cm<sup>-1</sup> (780 nm <λ <2500 nm) in reflectance mode. Portions of meat (50–100 g) were homogenized, and then placed in a glass Petri dish, with portion of meat 0.5 cm thick. The measurements were performed in triplicate using the 16-fold scan of the samples.

### Analysis of volatile compounds

Extraction and analysis of volatile compounds from sample headspace were performed with the use of solid phase microextraction (SPME) and gas chromatography coupled with mass spectrometry (GCMS). Polydimethylsiloxane/divinylbenzene, 65 μm (PDMS/DVB) absorption fiber was used (Supelco, USA) to extract volatile compounds from the headspace. Before each analysis SPME fiber was conditioned in a gas chromatograph injector (GC) at the temperature of 250°C.

Samples of homogenized meat (5 g) were placed in a 20-mL vial, closed with a cap with silicone-teflon sealing, and next heated to 37°C for 1 h in order to stabilize the concentrations of volatile compounds in the vial. After this step, SPME fiber was introduced to sample headspace for 45 min. Next, the fiber was quickly transferred from the vial to the GC injector working in “splitless” mode and set to 250°C, in order to desorb the extracted volatiles to the GC system.

Chromatographic separation was performed with the use of GC Agilent 6890, coupled with quadruple MS Agilent 5795 (USA). DB-5MS column (30 m, 0.25 mm, 0.25 μm, and 5%-diphenyl-95%-polydimethylsiloxane) was used with helium as carrier gas at the flow rate of 0.9 mL/min (Agilent, USA). The GC oven was programmed as follows: initial temperature of 38°C was maintained for 10 min, then increased to 200°C at the rate of 4°C/min and maintained for 2 min, then increased to 250°C at the rate of 20°C/min, and the final temperature was maintained for 7 min.

Mass spectra were obtained in an Electron Ionization (EI) mode at 70eV in a scanning range of 20–350 m/z (a.m.u). Temperatures of ion source and mass analyzer were set to 230°C and 150°C, respectively. Data acquisition and analysis were carried out using a built-in data-handling program (Enhanced ChemStation) provided by the manufacturer of the GC/MS. Quantities of volatile compounds were reported as a relative percentage of the total peak area. The identification of the constituents was based on the comparison of their MS spectra with mass spectra libraries of Wiley 8<sup>th</sup> Ed. and Nist 08 (US National Institute of Standards and Technology). Mass spectra targets were confirmed by comparing linear retention indices (LRI) calculated relatively to C6–C20 alkanes with LRI database built in the NIST 08 mass spectra library. Calculation of LRI was made by the use of Amdis software (Automated Mass Spectral Deconvolution and Identification System, NIST, USA).

### Instrumental color measurement in L\*a\*b\* system

Instrumental color analysis of *pólgések* samples was performed using a Minolta CR-400 chromo meter calibrated against a white plate (L\* = 98.45, a\* = -0.10, b\* = -0.13), using an 8 mm aperture, Illuminate D65 (6500 K color temperature) at a standard observation angle of 2°. Values for L\* (lightness ranging from 0 to 100%), a\* (color axis ranging from green-

ness (-a\*) to redness (+a\*) and b\* (color axis ranging from blueness (-b\*) to yellowness (+b\*)) were measured. Measurements of the samples were conducted immediately after opening the packages and cutting cold meat into slices (from five locations including every quarter and the center surfaces of the slices).

### Statistical analysis

The results were elaborated with the use of STATISTICA statistics package, version 12 (StatSoft, Inc. 2014) and Microsoft Excel 2007. Simple Pearson correlation coefficients between the examined traits were calculated. The results for the sensory evaluation were elaborated with the use of the Principal Component Analysis method (PCA). Based on the results of this analysis, 3 groups of samples varying in sensory quality were identified. These results were developed using one-way analysis of variance ANOVA. The significance of differences between means were calculated based on the least significant differences test (LSD).

## RESULTS AND DISCUSSION

### Sensory evaluation

The obtained results indicated that all the samples of the analyzed products were characterized by a high overall quality. The examined product was characterized by the greatest variation as for the following sensory attributes: intensity of spiciness, color homogeneity and fat cover, fat thickness, juiciness, fibrosity, intensity of salty taste, other and fatty flavors (Figure 1). These results show that the variability in the sensory quality of this traditional product is related to the fat content and quality, but it could also be caused by the added spices. This situation can result from decisions made by small producers to use various materials and technologies. The correlation analysis showed that the overall quality was positively correlated with the intensity of the smoked meat aroma and tenderness. The negative impact on the overall quality was confirmed for the following attributes: intensity of fatty aroma,

fat thickness, intensity of fatty flavor, and fibrosity. These results showed that the panelists preferred meat products with a low fat content. The other significant, high ( $r=0.7$ ;  $P\alpha\leq 0.05$ ) and positive correlations were obtained between spicy flavor and aroma, fatty flavor and fibrosity, whereas negative ones between fibrosity and tenderness, juiciness and other flavor, as well as sweet and salty taste.

Due to the high variability in several sensory descriptors, the principal component analysis (PCA) was performed. This method allows the analysis of variability in multiple surfaces based on the relationship among all analyzed traits and is frequently used in sensory studies. The results show that 45.48% of the total variability could be explained by two principal components (Figure 2). Component 1 was strongly associated in a negative way with the homogeneity of meat tissue color, tenderness and overall quality, and positively with fat thickness, fibrosity, fat flavor, fatty odor, and juiciness. Component 2 was positively associated with the aroma and flavor of smoked meat, and negatively with sweet odor as well as sour aroma and flavor. Figure 3 shows the distribution of all analyzed samples in the area created by two principal components. The samples were grouped into three clusters (Figure 3). The analysis of variance showed that they differed significantly in terms of smoked, fatty and sour odors. In flavor descriptors, significant differences were noted for smoked, fat, sour, and other notes. The differences between groups were noted also for color homogeneity, fat thickness, color, juiciness, tenderness, fibrosity, and overall quality (Figure 4). Mean values for each group demonstrated that each of them had its own unique sensory profile. The first group was characterized by the highest tenderness, overall quality and homogeneity of color and the lowest intensity of fatty flavor, fibrosity and juiciness (Figure 4). These results, the high overall quality assessment in particular, suggest that Polish consumers prefer low-fat meat, *i.e.* with low marbling and low intensity of fatty odor, and are unwilling to buy meat containing intramuscular fat, as they associate it with a higher caloric value and cholesterol content [Żakowska-Biemas *et al.*, 2016].

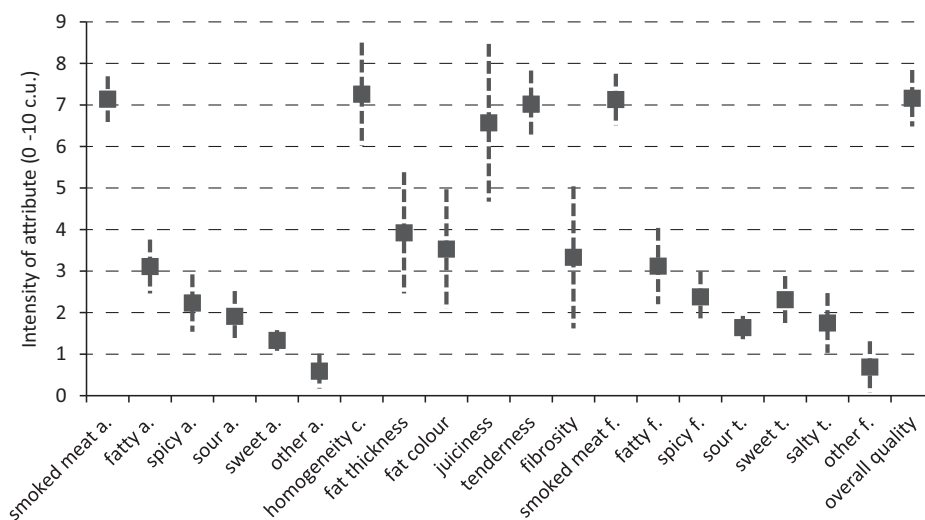


FIGURE 1. Characteristics of the sensory quality of *połgesek* presented as mean value with standard deviation; a. – aroma, f. – flavor, t.- taste.

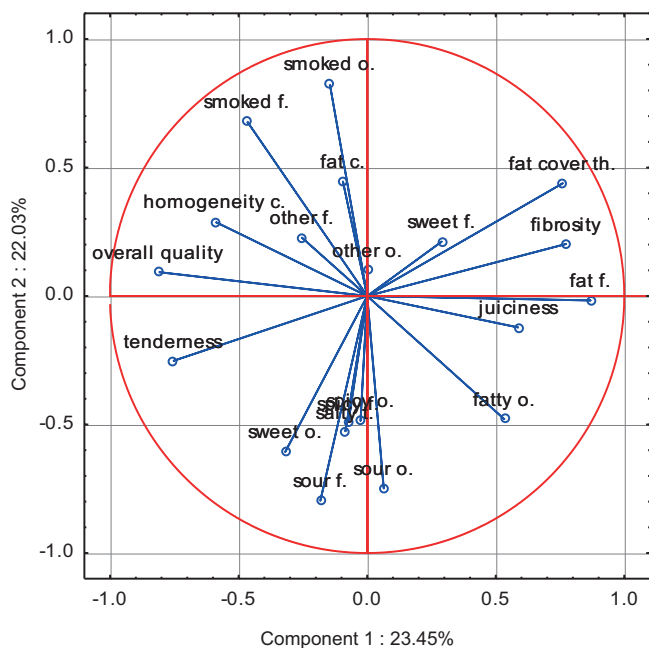


FIGURE 2. Results of the Principal Component Analysis (PCA) – spatial distribution of the sensory variable for two principal components. Explanations: c – color, o – odor, th – thickness, f – flavor, t – taste.

Moreover, a low content of intramuscular fat (IMF) and low perception of juiciness of meat confirmed the significant correlation between two distinguishing features – a lower content of intramuscular fat containing less unsaturated fatty acids reduces the perception of meat juiciness.

Group II was characterized by the lowest tenderness and homogeneity of meat tissue color. It was the most fibrous and juicy one with the highest intensity of fatty flavor and the highest fat thickness. Groups II and III were characterized by a similar sensory quality (Figure 4). These results confirmed clearly the correlation between fat content

and juiciness of the meat [Dinh *et al.*, 2006]. Group III was distinguished only by the highest intensity of sour odor.

### Chemical composition in relation to sensory quality

The above-mentioned differences between the groups were reflected in the chemical composition of the analyzed products. The groups differed significantly as for their water, fat, protein and NaCl content as well as in  $L^*$  and  $b^*$  color parameters (Table 1). The water content was related to the intensity of juiciness as the groups (II and III) with a higher content of water were juicier (Table 1, Figure 4). Juiciness of meat is associated with the moisture that a consumer perceives in the first phase of chewing. According to Fortin *et al.* [2005], the most important attributes for the consumer during meat consumption are juiciness, tenderness, flavor, and the absence of off-flavors. Tougan *et al.* [2013] mentioned that a higher content of intramuscular fat, comprising more unsaturated fatty acids, promotes the perception of juiciness of meat. In the presented study, the goose meat product from the group I was characterized as containing less water, more fat and more protein and simultaneously was considered less juicy and more tender. Probably, the effect of fat on tenderness, but not on juiciness can be observed in this group. In this case, the stronger effect could be related to the water content. It should also be noted that in groups II and III, the higher water content may have resulted from a higher salt content, which increases the water absorption of meat. NaCl may improve tenderness in different ways, such as the solubilization of proteins from myofilaments [Martuscelli *et al.*, 2015]. Fat content was positively correlated with the intensity of smoked odor and flavor. It is known that fat, as a source of flavor, can increase the intensity of taste sensations (in this case – the dominant taste of smoked meat) and generally flavor is the most important factor in consumers' food choices. The complex studies concerning the importance of sensory attributes and their perception by consumers have shown that independently of a kind of a product, flavor

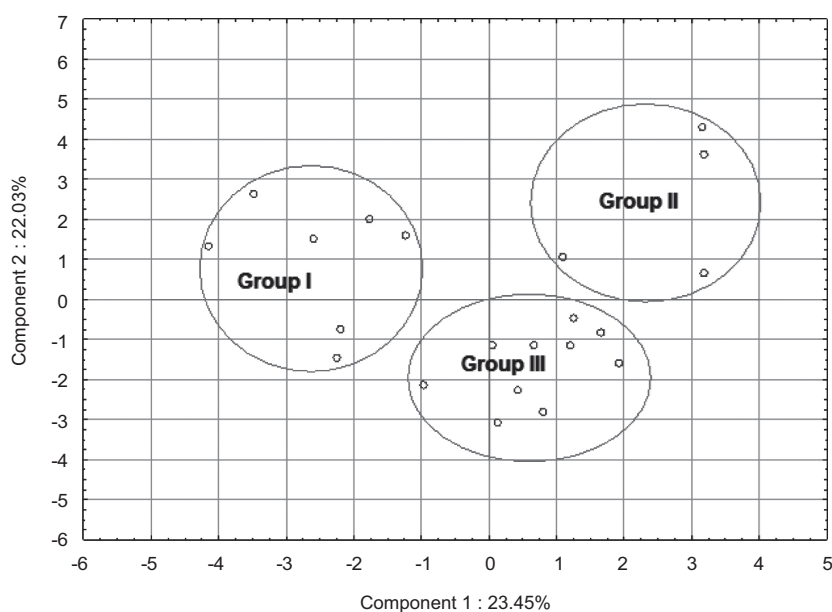


FIGURE 3. Results of the Principal Component Analysis (PCA) – spatial distribution of all analyzed samples for two principal components.

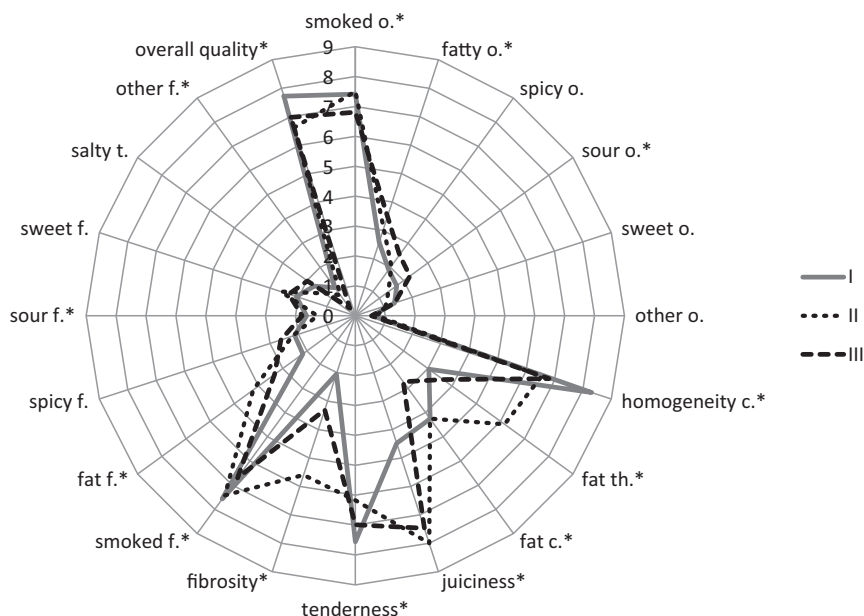


FIGURE 4. Characteristics of the sensory quality of three groups differing in their sensory profile c – color, o – odor, th – thickness, f – flavor, t – taste (I, II and III are groups from Fig. 3).

is always the most important attribute of food products, followed by texture and appearance [Szcześniak, 2002; Jaworska & Hoffmann, 2008].

Fat is the source of flavor in meat and is particularly important for the characteristics of specific flavor variations [Anandh & Lakshmanan, 2014]. Fat is one of the precursors of flavor by combining with amino acids from proteins and other components when heated. In this study, the cover fat could absorb the compounds from the smoke. It has been proven that when fat melts it releases flavors [Dinh *et al.*, 2006].

Nevertheless, it can be observed in the study that fibrosity is associated with the connective tissue content. Group II with the highest fibrosity had the highest content of connective tissue, although this difference was not statistically significant.

#### Volatile compounds profile of *półgęsek*

The characteristics of all the studied groups in relation to volatile compounds identified in the headspace of the traditional product made from cured and smoked goose meat are presented in Table 2. A total of 46 chemical compounds were detected in the studied extract. The determined fragrance volatile compounds were grouped according to their probable origin using literature works as shown in Table 2. They were assigned to the following chemical classes: acids, alcohols, aldehydes, aliphatic hydrocarbons, alkanes, aromatic hydrocarbons, phenolic compounds, cyclic ketones, cyclopentanones, esters, furans, hydrocarbons, ketones, lactones, phenolic compounds, phenols, polycyclic aromatic hydrocarbons, pyridines, terpenes and glycols [Hierro *et al.*, 2004]. The selected groups differed significantly and the sensory profile specific for each group was reflected in the profile of volatile compounds. Many significant differences were additionally obtained in this case. They are related to the volatile compounds from lipid oxidation (hexanal + octane, 1-heptanol, 2-heptanone, dodecane), volatile compounds from smoke

TABLE 1. Characteristics of physicochemical parameters of selected groups, varying as regards the sensory quality of *półgęsek*.

Traits	I	II	III
Water (%)	58.62±4.09 <sup>a</sup>	67.32±3.61 <sup>b</sup>	71.06±2.73 <sup>b</sup>
Fat (%)	15.99±4.74 <sup>a</sup>	13.71±3.88 <sup>a</sup>	8.96±3.03 <sup>b</sup>
Protein (%)	22.99±2.23 <sup>a</sup>	14.04±1.34 <sup>b</sup>	15.95±1.18 <sup>b</sup>
Connective tissue (%)	1.87±0.52	2.16±0.24	1.62±0.47
NaCl (%)	1.85±0.34 <sup>a</sup>	2.89±0.47 <sup>b</sup>	2.40±0.41 <sup>b</sup>
pH	5.94±0.14	6.00±0.12	6.11±0.23
Color parameters:			
L*	48.58±4.49 <sup>ab</sup>	44.51±2.82 <sup>a</sup>	48.90±1.76 <sup>b</sup>
a*	18.49±1.79	19.62±2.19	20.11±1.25
b*	8.73±0.84 <sup>a</sup>	7.39±0.41 <sup>b</sup>	8.12±0.48 <sup>ab</sup>

<sup>a,b</sup>Means in the same row with different letters are significantly different ( $P\alpha\leq 0.05$ ). I, II and III are groups from Figure 3.

(3 + 4-methyl-phenol, o-guaiacol, 2-methoxy-4-methyl-phenol, syringol, phenol), volatile compounds from amino acid degradation (3-methyl-butanal, benzaldehyde), volatile compounds from spices (alpha-pinene, eugenol, carvacrol, 4-vinyl guaiacol, caryophyllene), and others (2,2,4,6,6-pentamethyl-heptane, 2-methanethiol, cyclohexanone, 2-methyl-pyridine, naphthalene, 3-methyl-2(5h)-furanone) (Table 2).

Products of degradation and then oxidation of fatty acids were the most significant group of volatile compounds identified in *półgęsek* samples (59%). Such a result is probably connected with the high content of polyunsaturated fatty acids (PUFA) in goose meat, which are the substratum of autoxidation [Hierro *et al.*, 2004]. Considering the class of volatile compounds, hydrocarbons were most abundant (hexane,

TABLE 2. Characteristics of selected groups by the identified volatile compounds (% of the total area).

Family	Linear Retention Index (LRI)	Group			Family	Source of volatile compounds
		I	II	III		
Hexane	600	29.44±4.56	25.09±3.94	29.04±3.09	alkanes	
Heptane	700	22.71±4.72	23.25±3.30	23.13±3.93	alkanes	
Hexanal + octane	800	<b>5.97±4.42<sup>a</sup></b>	<b>1.67±0.49<sup>b</sup></b>	<b>2.01±0.95<sup>b</sup></b>	aldehydes	
Octanal	1004	0.61±0.29	0.41±0.10	0.62±0.63	aldehydes	lipid oxidation
Heptanal	903	0.62±0.24	0.30±0.07	0.35±0.27	aldehydes	
Nonanal	1106	1.64±0.92	1.35±0.34	2.05±1.10	aldehydes	[Bruna <i>et al.</i> , 2001;
Decanal	1208	0.09±0.05	0.04±0.03	0.13±0.15	aldehydes	Hierro <i>et al.</i> , 2004;
1-Hexanol	871	0.36±0.14	0.23±0.08	0.22±0.11	alcohols	Muriel <i>et al.</i> , 2004;
1-Heptanol (unpure)	976	<b>0.18±0.05</b>	<b>NA</b>	<b>NA</b>	alcohols	Pastorelli <i>et al.</i> , 2003;
2-Heptanone	893	<b>0.18±0.05<sup>a</sup></b>	<b>0.04±0.01<sup>b</sup></b>	<b>0.05±0.04<sup>b</sup></b>	ketones	Sánchez-Peña <i>et al.</i> , 2005]
Dodecane (unpure)	1200	<b>0.14±0.05<sup>a</sup></b>	<b>NA</b>	<b>0.03±0.04<sup>b</sup></b>	aliphatic hydrocarbons	
3+4-Methyl-phenol	1080	<b>1.07±0.38<sup>a</sup></b>	<b>1.06±0.50<sup>a</sup></b>	<b>0.59±0.38<sup>b</sup></b>	phenols	
o-Guaiacol	1090	<b>1.68±0.55<sup>a</sup></b>	<b>4.74±1.80<sup>b</sup></b>	<b>3.32±1.28<sup>b</sup></b>	phenols	
2-Methoxy-4-methyl-phenol	1193	<b>0.64±0.18<sup>a</sup></b>	<b>2.14±0.88<sup>b</sup></b>	<b>1.64±0.69<sup>b</sup></b>	phenols	
Syringol	1353	<b>0.18±0.05<sup>a</sup></b>	<b>0.55±0.18<sup>b</sup></b>	<b>0.46±0.26<sup>b</sup></b>	phenols	
o-Cresol / gamma-terpinen	1060	0.47±0.16	0.68±0.22	0.92±1.24	phenols (derivative)	smoke
Toluene	756	5.06±3.18	5.71±0.70	5.14±2.73	aromatic hydrocarbons	[Hierro <i>et al.</i> , 2004;
Furfural	828	1.27±1.20	2.07±1.35	1.43±0.82	aldehydes	Naeher <i>et al.</i> , 2007;
2-Furanmethanol	859	1.85±0.73	2.55±0.91	1.66±0.55	alcohols	Théron <i>et al.</i> , 2010;
2-Methyl-2-cyclopenten-1-one	905	0.58±0.30	0.84±0.15	0.66±0.28	alkene	Yu <i>et al.</i> , 2008]
Phenol	988	<b>2.14±0.57<sup>a</sup></b>	<b>1.13±0.41<sup>b</sup></b>	<b>0.71±0.46<sup>b</sup></b>	carbolic acid	
2-Cyclopenten-1-one, 2,3-dimethyl	1039	0.16±0.18	0.18±0.61	0.12±0.31	cycloalkene	
Acetic acid	629	2.21±0.95	3.37±0.96	3.49±1.22	acid	carbohydrate fermentation
Ethanol	-	0.62±0.51	0.62±0.74	0.86±1.13	alcohols	[Soncini <i>et al.</i> , 2007]
3-Methyl-butanal	645	<b>0.34±0.20<sup>a</sup></b>	<b>0.54±0.37<sup>b</sup></b>	<b>0.22±0.09<sup>a</sup></b>	aldehydes	amino acid degradation
Benzaldehyde	960	<b>0.67±0.20<sup>a</sup></b>	<b>0.35±0.10<sup>b</sup></b>	<b>0.38±0.09<sup>b</sup></b>	aldehydes	[Masson <i>et al.</i> , 2015; Olivares <i>et al.</i> , 2009; Resconi <i>et al.</i> , 2013] micr. esterific.
Butanoic acid, methyl ester	717	0.31±0.12	0.31±0.22	0.42±0.19	esters	[Lorenzo <i>et al.</i> , 2013; Yu <i>et al.</i> , 2008]
Alpha pinene	933	<b>0.08±0.06<sup>a</sup></b>	<b>0.31±0.31<sup>b</sup></b>	<b>0.57±0.31<sup>b</sup></b>	terpenes	
Cymene	1024	0.02±0.02	0.12±0.12	1.97±1.97	terpenes	
Limonene / corylon	1028	0.52±0.21	1.59±1.18	0.98±0.68	terpenes	
Eugenol	1360	<b>nd</b>	<b>0.20±0.19</b>	<b>0.19±0.10</b>	terpenes	spices
Carvacrol	1303	<b>nd</b>	<b>0.01±0.02</b>	<b>0.11±0.10</b>	phenols (derivative)	[Lorenzo <i>et al.</i> , 2012]
4-Vinylguaiacol	1315	<b>0.04±0.03<sup>a</sup></b>	<b>0.14±0.05<sup>b</sup></b>	<b>0.12±0.10<sup>b</sup></b>	phenols	
Caryophyllene	1423	<b>nd</b>	<b>0.06±0.10</b>	<b>0.08±0.06</b>	sesquiterpens	

Family	Linear Retention Index (LRI)	Group			Family	Source of volatile compounds
		I	II	III		
2,2,4-Trimethyl-pentane	682	13.18±4.11	13.12±3.13	12.95±2.38	alkanes	
2,2,4,6,6-Pentamethyl-heptane	990	<b>1.52±0.86<sup>a</sup></b>	<b>0.60±0.46<sup>b</sup></b>	<b>0.54±0.48<sup>b</sup></b>	alkanes	
Methanethiol	-	<b>0.12±0.14</b>	<b>nd</b>	<b>0.03±0.06</b>	acid	
2-Furnacarboxaldehyde, 5-methyl	966	0.82±0.46	1.35±0.62	0.89±0.45	aldehydes	
Cyclohexanone	890	<b>0.13±0.09<sup>a</sup></b>	<b>0.02±0.03<sup>b</sup></b>	<b>0.002±0.01<sup>b</sup></b>	cyclic ketones	
2,3-Butanediol	798	0.22±0.12	0.09±0.06	0.12±0.09	glycol	
2-Methyl-pyridine	816	<b>0.14±0.13<sup>a</sup></b>	<b>0.03±0.03<sup>b</sup></b>	<b>nd</b>	hydrocarbons	[Lorenzo et al., 2012; Lorenzo et al., 2013]
Naphthalene	1180	<b>0.25±0.12</b>	<b>nd</b>	<b>nd</b>	polycyclic aromatic hydrocarbons	
1-(2-Furanyl)-ethanone	912	0.19±0.12	0.29±0.14	0.22±0.11	ketones	
Butyrolactone	915	0.58±0.30	0.37±0.08	0.35±0.14	lactones	
2(5H)-Furanone, 3-methyl-(unpure)	981	<b>0.14±0.05<sup>a</sup></b>	<b>0.41±0.16<sup>b</sup></b>	<b>0.23±0.09<sup>a</sup></b>	lactones	
4-Ethylguaiaicol	1281	0.27±0.10	0.50±0.26	0.41±0.23	phenols	

<sup>a,b</sup>Means in the same row with different letters are significantly different ( $P\alpha\leq 0.05$ ) (I, II and III are groups from Figure 3).

heptane). It is necessary to emphasize that because of the relatively high odor, threshold values probably had no significant contribution in final aroma development in the analyzed product. Straight-chain aliphatic aldehydes are the typical products of lipid oxidation with very low odor thresholds [Muriel et al., 2004]. Saturated aliphatic aldehydes from C6 up to C10 were detected in the *pólğesek* samples. The most abundant representative of this group of compounds was hexanal, which probably derives from the oxidation of unsaturated fatty acids such as linoleic and arachidonic acid [Sánchez-Peña et al., 2005]. It has low odor threshold, namely 5.87 ppm, and it is responsible for rancid flavor [Biesiada-Drzazga, 1995]. Moreover, high levels of hexanal were detected in other cold meats, for example dry fermented sausages [Bruna et al., 2001]. The aroma of hexanal is perceived as unpleasant, rancid, nauseating, hot, similar to aroma of green leaves, vegetables, or grass [Górska et al., 2016]. It can be deduced that this compound had an impact on the aroma of the studied *pólğesek*. Saturated aldehydes (heptanal, octanal, nonanal, decanal) can also originate from the autoxidation of unsaturated fatty acids, like e.g. from arachidonic, linolenic, linoleic, or oleic acid [Pastorelli et al., 2003]. They impart characteristic odors, i.e. potato aroma, oily fatty (heptanal), oily, fatty, soapy, geranium, herbal, floral (octanal), soapy-fruity, tallow, plastic, soapy (nonanal) or potato-butter (decanal) [Marco et al., 2007]. Due to their low odor threshold values, aldehydes play a significant role in the development of meat products aroma. They impart products specific odors, such as butter, toasted sweet, floral or green odors [Olivares et al., 2009]. Another group of volatile compounds identified in *pólğesek* were alcohols (1-hexanol and 1-heptanol), which probably originated from the reduction of corresponding aldehydes derived from lipid oxidation. The alcohols, the aliphatic

ones in particular, also play a significant role in the development of product aroma. 1-Hexanol is responsible for toasty, green, dry aroma, and 1-heptanol for green aroma [Insausti et al., 2002]. Another group of volatile compounds originating from lipolytic transformations includes ketones. The only identified representative of this group was 2-heptanon. Ketones, especially 2-ketones, are considered to be compounds having a crucial impact on the development of aroma of not only meat and meat products. It needs to be emphasized that in the tested products significant differences were obtained only in the content of hexanal + octane, 2-heptanone, and dodecane. There is no clear link to any specific odor. It seems that the higher content of these compounds in group I could be responsible for the formation of another flavor (Table 2).

Another quite numerous group of volatile compounds identified in the *pólğesek* samples were the substances originating from meat smoking. These were the compounds belonging to HA (aromatic hydrocarbons) – all of which are compounds specific for wood smoke [Hiero et al., 2004]. Phenols are compounds which inhibit oxidative degradation of lipids, and also to impair the growth of microorganisms, thus significantly improving the storage stability of smoked products [Yu et al., 2008]. Additionally, methylbenzene (toluene), representing the family of aromatic hydrocarbons, is most probably the product of cyclization of unsaturated carboxylic chains during lipid degradation or from environmental contamination [Théron et al., 2010]. In this case, significant differences were observed for four volatile compounds. Group I differed significantly from II and III with lower contents of three phenols (o-guaiaicol, 2-methoxy-4-methyl-phenol, syringol) and with higher contents of phenolic compounds from both groups. There were significant differences in the case of phenol, which were partly related to

higher smoked odor and flavor in group I and a higher level of phenols in group II (Table 2).

The results of sensory evaluation confirmed the significant role of volatile compounds in creating the flavor and aroma of *pólgések*. Among the analyzed features of aroma, the intensity of smoked meat aroma was rated best as for cold meats from all producers. The results of a correlation analysis conducted between the determined contents of volatile compounds and sensory attributes showed that only 2-methyl-pyridine indicated a statistically significant role in creating the smoked meat aroma. It is the compound of a pyridine group, which is a typical compound of wood smoke. The results of sensory analysis also showed that the attribute of smoked meat flavor gained the highest intensity in all the analyzed samples (average: 7.6 – producer I, 6.8 – producer II, 7.0 – producer III). In this case, four volatile compounds were statistically significant correlated with the intensity of smoked meat flavor. These were 2-methyl-pyridine, 2-furanmethanol, phenol, 2,3-dimethyl-2-cyclopenten-1-one, and 3+4-methyl-phenol, which are typical wood smoke compounds [Naeher *et al.*, 2007].

Ethanol and acetic acid identified in *pólgések* samples are most probably the products of saccharide fermentation. The presence of these volatile compounds confirmed the metabolic activity of microorganisms occurring in cold meats. Acetic acid gives products pungent, vinegar odor. It is worth mentioning that the presence of acetic acid was also confirmed in raw goose meat [Soncin *et al.*, 2007]. However, no significant differences were observed between the analyzed groups.

Leucine and isoleucine are precursors of 3-methylbutanal and similarly phenylalanine is a precursor of benzeneacetaldehyde. These conversions are mediated by microbial action, and have been thoroughly studied [Masson *et al.*, 1999]. The content of benzeneacetaldehyde increases significantly during ripening and fermentation. Both identified volatile compounds originating from amino acid degradation have a significant influence on the aroma of products in which they occur – in this case, on the odor of *pólgések*. Moreover, 3-methylbutanal is often formed as a result of the Strecker degradation of amino acids – valine, isoleucine and leucine, or is a product of microbial metabolism [Resconi *et al.*, 2013]. In the studies by other authors, 3-methylbutanal was also found in high proportions in beef meats [Resconi *et al.*, 2013]. Moreover, Olivares *et al.* [2009] have demonstrated that 3-methylbutanal is produced in the initial phase of cold meats maturation. A higher content of 3-methylbutanal was noted in group II and benzaldehyde in group I (Table 2).

Butanoic acid, a methyl ester present in the *pólgések* samples, is a volatile compound originating from microbial esterification. It is responsible for a persistent, rancid, butter-like odor and a burning acid flavor. Based on other studies, it may be stated that this compound occurred also in other cold meats, such as semi-ripened sausage or dry-cured loin [Lorenzo *et al.*, 2013]. This research demonstrates that the content of butanoic acid, methyl ester, and also hexanoic, heptanoic, pentanoic and decanoic acids, was decreasing in the course of food storage [Yu *et al.*, 2008]. Terpenes, phenols and their derivatives present in *pólgések* samples were aroma com-

pounds originating from spices. The presence of terpenes may also result from animal feedstuffs, but they mainly come from the spices used in dry-cured sausage production [Lorenzo *et al.*, 2012]. Limonene and cymene belonging to the group of terpenes were identified in the greatest quantity. Limonene is a component of many essential oils of spices and is particularly abundant in nutmeg and black pepper. The typical aromas of terpenes are well established. For example, alpha-pinene has a characteristic pine odor, and limonene gives a bit of lemon aroma. Nevertheless, according to the results presented in Table 2, group I was characterized by lower contents of alpha-pinene and 4-vinyl guaiacol which corresponded to lower spicy odor and flavor (Figure 4, Table 2) (although these differences were not significant).

It is worth noting that carvacrol content was negatively correlated with the intensity of smoked meat odor. It indicates the probability of masking or eliminating the intensity of smoked meat aroma by spices addition. Furthermore, contents of essential oils originating from spices were negatively correlated with the attribute of smoked meat flavor. It was not only carvacrol, but also  $\alpha$ -pinene, an aroma compound originating probably from the addition of cumin, cymene, or from rosemary. The addition of spices could mask the perception of smoked meat flavor.

The characteristics of the determined volatile compounds shows also significant differences in the content of these odorants among previously separated groups (Table 2). The statistical analysis proves that the aromas of groups II and III were quite similar. Group II stood out only in terms of the highest content of 3-methylbutanal. Group III was characterized by the lowest content of 3 + 4-methylphenol. Group I was the most diverse in terms of the content of volatile compounds. It was characterized by the highest concentration of 2-heptanone and dodecane, compounds probably derived from lipid oxidation. This fact is also confirmed by the highest fat content determined in meat products from this group. Moreover, group I was characterized by the lowest content of alpha-pinene and 4-vinyl guaiacol, odorants that are components of the essential oils of spices. It can therefore be assumed that the addition of spices in this group was the lowest, which was confirmed by the results of sensory analysis, where spicy odor was the least perceptible. Noteworthy is also that products from group I had the lowest syringol and phenol contents, but a high content of benzaldehyde. These compounds created the specific composition of the aroma of smoked meat.

It should be noted that the olfactory bouquet of *pólgések* also included volatile compounds with unrecognized aroma and difficult to determine origin, *i.e.* heptane, cyclohexanone, 2-methyl pyridine, and naphthalene. These compounds were most common in products from group I, where perhaps they could also correspond with the most intense other odor sensations.

## CONCLUSIONS

Meat products of each producer were characterized by a specific profile of volatile compounds and chemical composition, which was reflected in the unique and specific sensory profile of flavor, aroma and texture.



Relatively high variation in the quality of the traditional product made from goose meat was noticed.

High volatility was probably due to the impact of production technologies used by different producers, which is reflected in the diversified chemical composition and sensory quality of the analyzed meat products.

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#### CONFLICT OF INTEREST

Authors declare no conflict of interest.

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